



Overview of Alleviate IV Therapy

The Alleviate IV Kit is designed to help relieve symptoms of premenstrual syndrome

(PMS) including abdominal discomfort, bloating, irritability, lower back pain, headaches, and migraine pain. The kit contents can create 7 infusions when used as instructed.

Ingredients

- Calcium Chloride 10% (100 mg/mL) 30mL Vita-Complex 30mL
- Hydroxocobalamin B12 2mg/mL 30mL
- Magnesium Chloride 300 mg/mL 30mL
- Dosage, Concentration, Route of Administration

Possible Benefits of Calcium Chloride

- Restores altered serum calcium levels caused by fluctuating estrogen levels, which can relieve muscle cramps and restore serotonin dysregulation to improve irritability

Possible Benefits of Vita-Complex

- Supports carbohydrate metabolism, which can improve mood and energy levels • Reduces tension throughout the body

Possible Benefits of Hydroxocobalamin

- Assists mood regulation
- Boosts energy
- Promotes healthy brain, blood, cell, and nerve function

Possible Benefits of Magnesium Chloride

- Relaxes uterine muscle spasms
- Reduces prostaglandin production to decrease pain and inflammation
- Aids with head/migraine pain