



## Overview of Myers Cocktail

Comprised of essential multivitamins and other nutrients, this cocktail premix is designed to help alleviate chronic symptoms, including ongoing pain, asthma and more. The combination is named for Dr. John Myers, who was known for administering vitamin and mineral drips to alleviate a variety of ailments.

## Ingredients

### Magnesium Chloride

- Reduces fatigue, improves immunity, improves relaxation, and more.

### B-Complex Vitamins

- Helps keep skin and blood cells healthy as well as convert nutrients into energy.

### Hydroxo B12

- Promotes healthy brain function, blood, cells and nerves.

### Calcium Gluconate

- Helps promote healthy bones and the normal functioning of muscles, nerves and cells in the body.

### Ascorbic Acid

- Acts as an antioxidant that may help protect cells from free-radical damage, absorb iron, create collagen and boost immunity.

## Dosage, Concentration, Route of Administration

Dosage: Seek advice from a licensed physician, medical director, or other healthcare provider  
Concentration (per mL): Magnesium Chloride 9.65mg, B1 1.62mg, B2 3.23mg, B3 1.62mg, B5 4.07mg, B6 1.63mg, Hydroxo 0.1mg, Calcium Gluconate 4.03mg, Ascorbic Acid 64.4 mg  
Route of Administration: IV Only

## Storage

Store under controlled refrigeration. Protect from light